



Adult Care / Carer Support (2022)

Adult Support Needs Assessment: <https://www.wirral.gov.uk/health-and-social-care/adult-social-care/support-adults/assessing-your-adult-support-needs>

Carer Support Assessment: <https://www.wirral.gov.uk/health-and-social-care/adult-social-care/support-if-you-care-adult/carers-assessment>

Central Advice and Duty Team: 01515142222 (Option 3) Mon-Fri 0850-1700,
wcnt.centraladviceanddutyteam@nhs.net

Wired Carers Services Helpline: 01516700777 - cws@wired.me.uk

Family Tree Wirral – caring for someone mentally unwell – 01514888159 – family.tree@cwpa.nhs.uk

Carer Support – Age UK Wirral – 01514823456 – lisa.cummings@ageukwirral.org.uk

Healthwatch Wirral – 01512308957 – info@healthwatchwirral.co.uk

Social Prescribers Wirral – Ask your GP for a Referral – anna.barnish@citizensadvicewirral.org.uk

Dementia Resource Community – 01513362323 – an@dementiaresourcecommunity.co.uk

Dementia Together Wirral – 07935797445 – help.dtw@gmail.com

Admiral Nurses – Dementia UK – 08008886678 – helpline@dementiauk.org

The Patients Association – Help you make sense of the world of health and social care –
02084238999 – helpline@patients-association.com

The Relatives & Residents Association – national support – 02073598136

Know another local service that we should include? - Please let us know